

Shiner Beers 2019 Nutritional Information

										Brewer's Pride	Seasonal	Heat Wave Variety Pack			Cold Front Variety Pack			Seasonal	Seasonal	Seasonal	
Values given per 12 fl. oz serving	Shiner Bock	Light Blonde	Day Quencher	Wicked Juicy IPA	Wicked Juicy Pineapple & Coconut IPA	Wicked Ram IPA	Premium	Ruby Redbird	Black Lager	Rosé Pale Ale	Lemon Pils	Prickly Pear	Cherry Limeade	Sea Salt & Lime	Morello Dark Cherry	Candied Pecan Porter	Frost	Oktoberfest	Cheer	S'more Chocolate & Marshmallow Ale	
Calories (kCal)	141	99	130	186	144	195	140	95	147	196	145	150	151	116	213	196	165	170	193	166	
Carbohydrate [g]	12.4	3.5	8.3	16.0	7.40	17.60	12.0	3.1	11.0	14.5	10.70	11.9	11.5	8.00	16.6	17.8	14	12.9	18.5	15.6	
Dietary Fiber [g]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sugars [g]	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0
Protein [g]	1.2	0.7	1.8	2.5	2.5	2.2	1.2	1	2.2	1.9	1.8	1.9	2	1.6	2.7	2	2.4	2	2.5	1.6	
Ash [g]	0.16	0.11	0.54	0.76	0.61	0.19	0.16	0.32	0.19	0.8	0.6	0.18	0.69	0	0	0.79	0.66	0.19	0.21	0.16	
Fat [g]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Trans Fat [g]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Cholesterol [mg]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sodium [mg]	16	18	20	24	20	22.87	19	18	13.63	40	40	23	27	51	23	28	24	26	16	34	
Allergens					Wheat malt, pineapple, coconut					Wheat malt, grape must		Wheat malt, prickly pear	Wheat	Wheat malt, lime peel		Pecans			Wheat malt, pecans	Oats, cacao nibs, marshmallows	